

Feasibility and Implementation Priority Assessment

A Scoring System Based on Good Practices – Higher scores indicate stronger current feasibility and constructiveness, while lower scores suggest suitability for later implementation, requiring foundational groundwork first.

		Resource Feasibility	Market/Policy Support	Ease of Implementation	Impact & Scalability	Innovation	Total
SERVICE	School Food Governance/Regional Food Culture/Student Eating Behavior C-U Farm to School, USA	3	3	2	4	3	15
	Food Waste Management Oasis Food Club, China	3	2	2	4	2	13
EVENT	Parental Feeding Practices/Regional Food Culture Le ricette della nonna: buone ieri, oggi e domani, Italy	4	3	4	3	4	18
	Regional Food Culture Shaoxing Rice Wine Workshop, China	2	3	2	4	3	15
	School Food Governance/Regional Food Culture Labor Class of Traditional Food, China	3	3	3	4	2	15
POLICY	School Food Governance/Regional Food Culture/Parental Feeding Practices Kodomo Washoku Sessio, Japan	2	3	1	5	2	13
		Practical Value	Implementation Feasibility	Target Audience Impact	Long-term Influence	Scalability & Adoption	Total
ACADEMIC RESEARCH	School Food Governance Leadership Culture in Education, China	4	3	1	2	2	12
	School Food Governance/Student Eating Behavior Feeding Strategies Used by School Meal Staff	4	3	3	3	4	17
	School Food Governance/Parental Feeding Practices/Student Eating Behavior Emotional Eating in Adolescents	5	3	4	4	2	18
	Student Eating Behavior Maladaptive Eating Patterns in Children	5	4	5	5	4	23
	Student Eating Behavior Intervention Effectiveness	4	4	3	4	4	19
	Parental Feeding Practices/Student Eating Behavior Disordered Eating Prevention	4	2	4	4	1	15
	Parental Feeding Practices/Student Eating Behavior Fussy Eating & Parenting Patterns	4	1	4	4	1	14
	Parental Feeding Practices Parental Mindful Eating & Child Emotional Eating	3	2	4	3	2	14
	Parental Feeding Practices/Student Eating Behavior Adult Supervision, After-School Activity, & Eating in Middle Schoolers	4	2	4	3	1	14
	Food Waste Management/School Food Governance Campus Waste Compost	4	3	3	4	4	18

From Good Practices to Innovative Action Planning

Drawing inspiration from Good Practices, integrating real-world considerations into the planning phases and execution phases and pathways.

Phase 1

Phase 2

Phase 3

Phase 4

The school begins to establish partnerships with farms to support food education.

In later stages, as students and the school develop a stronger sense of food culture, the school can further explore the potential of food education.

An online platform is established to publish information and organize activities. Xiaohongshu – school publicity committee: activities announced to parents.

The school connects with local specialty food industries to help students understand the food industry.

The school introduces stable labor/family education courses related to food.

A scalable and replicable model is developed, with government intervention and support.

Interactive designs are implemented in school cafeterias, facilitating food education.

Exposure to healthy food on campus is increased through various channels, such as food education in the school, increasing the availability of healthy food in cafeterias, and providing healthy food options.

Parental education methods and self-learning efficacy influence eating behavior, and healthy eating habits are disseminated on campus.

Common dietary habits that may lead to dependence or addiction are identified and addressed.

Highlighting the dangers of unhealthy food serves as an effective way to guide students in practicing at home, while parent groups are updated on healthy eating habits.

Due to the dynamic and complex nature of family environments and individual needs, the school can continue to provide guidance in later stages to customize individual needs and goals.

Mindful eating practices at home require parents to already be engaged in healthy eating habits.

Spending time with friends often leads to consuming junk food, while family time is used to establish designated “indulgence days” together.

Campus composting can be the first offline transformation initiative.