



**Politecnico
di Torino**

Master Thesis Presentation

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- Localization and identification of people in closed spaces with low-power and low-cost environmental and wearable sensors

Introduction

- Identify the person in a closed room by testing vital signs.
 - ✓ Weak chest motion
 - ✓ Motion artifacts & ambient IR noise
 - ✓ Low SNR & embedded processing limits
- Goal: Design a low-cost, TOF-based RR monitoring system.

Objectives

- Build hardware with STM32 + VL53L7CX.
- Apply Pearson correlation & trend cancellation for noise reduction.
- Implement AR-model PSD for frequency estimation.
- Compare AR vs FFT performance.

Background & Literature Review

- Key algorithms: Least Squares, Kalman Filter, PCA, Adaptive Filter.
- Kalman Filter: efficient for dynamic tracking but excessive for respiratory rate.
- PCA: useful for noise reduction.
- AR model: high frequency resolution with short data.

State of the Art Comparison

Sensor Comparison:

- TOF (IR): precise, privacy-safe but sensitive to IR noise.
- mmWave Radar: long range, high cost.
- Ultrasonic: cheap, low precision.
- TOF selected for compactness and low power consumption.

Innovative Gap

- Combine TOF sensing + AR parametric spectral modeling.
- Frequency resolution: $\Delta f \propto 1 / (p \times \text{SNR})$.
- Analytical and efficient for embedded devices.

Methodology – System Setup

- Hardware: STM32 + VL53L7CX (8×8, 15 fps).
- Software: Python & Numpy for data acquisition and processing.
- Calibration: offset, crosstalk, SPAD normalization.
- Pipeline:
 - Spatial Denoise (Pearson)
 - Trend Cancellation (Least Squares)
 - AR-based PSD
 - SNR Evaluation

Key Algorithms

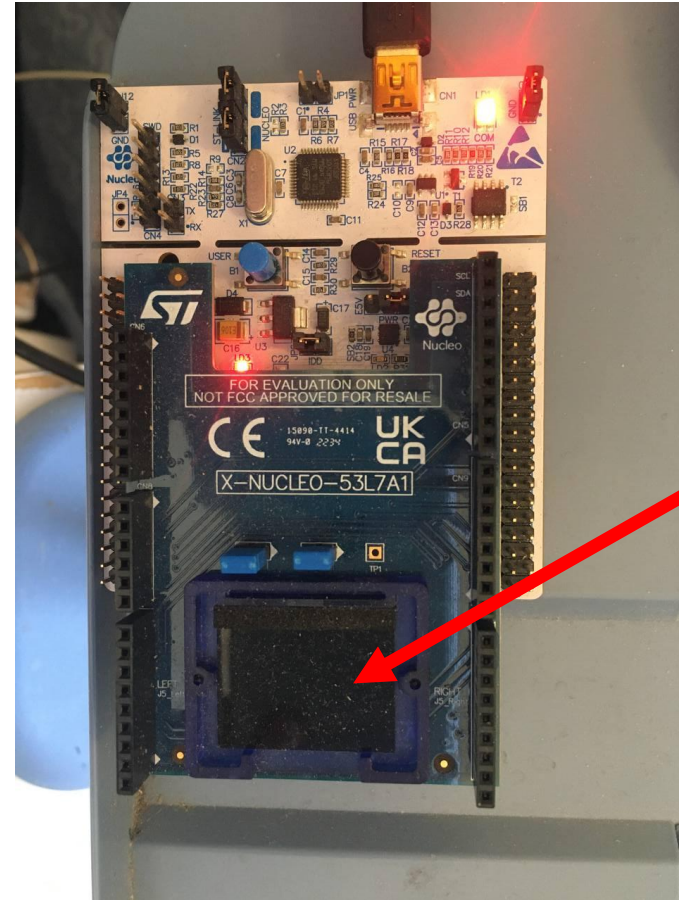
- Pearson Correlation ($\rho > 0.7$) selects reliable pixels.
Linear fitting removes low-frequency trend.
- AR model PSD:
$$P(f) = \sigma^2 / |1 - \sum \varphi_k e^{-j2\pi f k}|^2$$
- Burg method for stable AR coefficient estimation.

Experimental Results

- 15 FPS, ~12 breathing cycles recorded.
- Compared AR vs FFT at 20 cm, 25 cm.

Results:

- AR → higher frequency resolution.
- FFT → broader peaks, poor distinction (15 vs 20 BPM).
- AR(32) outperforms AR(20).



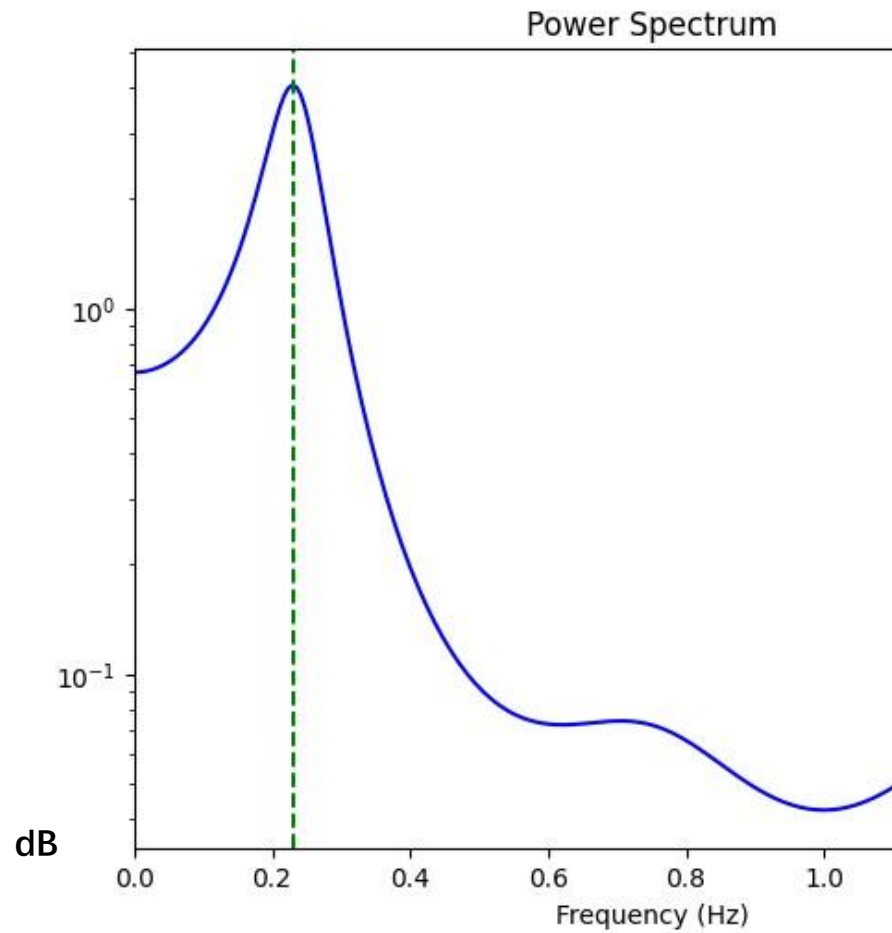
optical filter

Spatial detrend

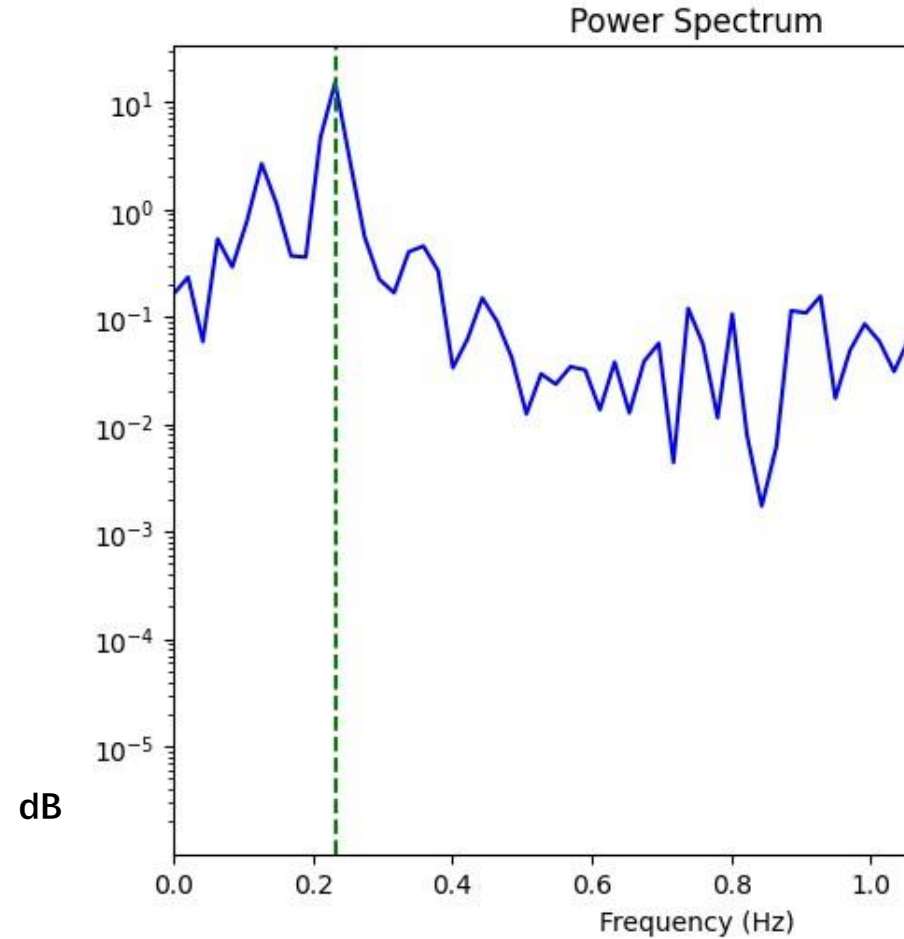


- breathing itself or the body leaning towards the sensor.
- testing whether the zero point is absent or present after one period of time.
- sample points 116 to 186, the system cannot tell the true breathing rate.
- after point 186, a new zero point is detected, and the system can detect the normal breath again.

Time series analysis



PSD of AR
method



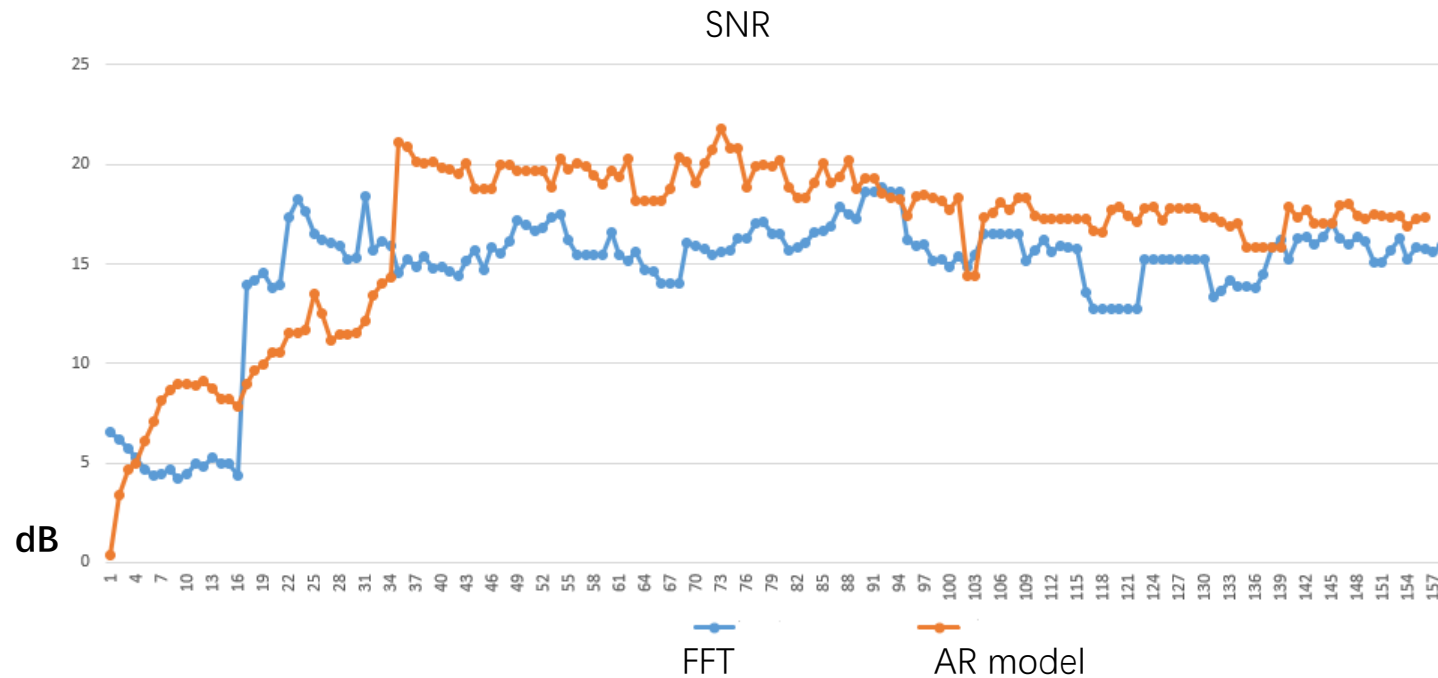
PSD of FFT method

- The AR model PSD has no sidelobes and is smooth
- The FFT method with side lobes and the power density is obviously fluctuating

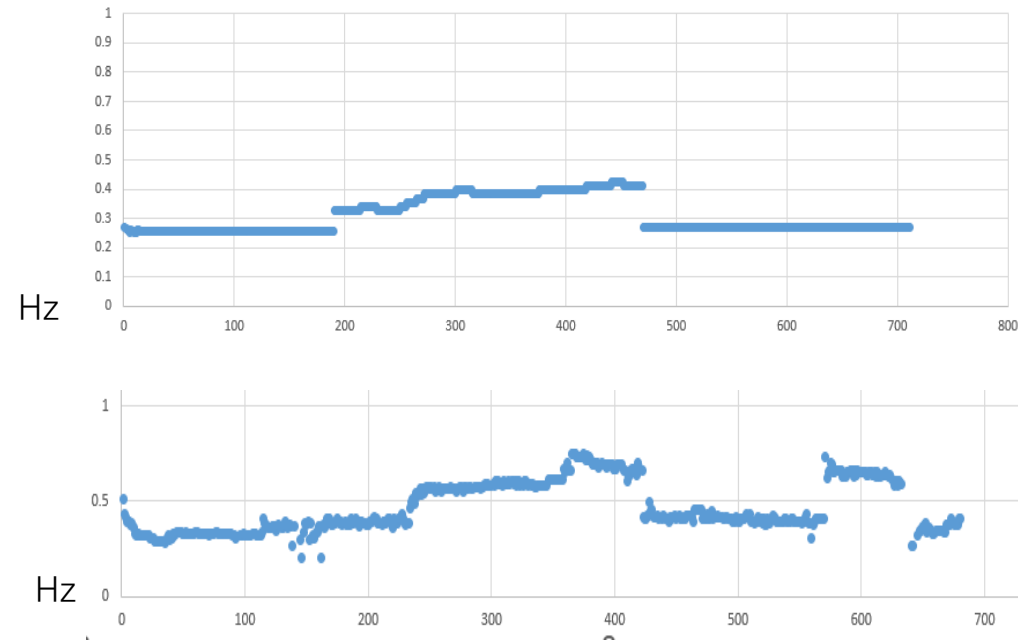
$$\text{SNR}_{\text{dB}} = 10 \log_{10} \left(\frac{P_s}{P_n} \right)$$

$$P_s = \int_{f_0 - \frac{B}{2}}^{f_0 + \frac{B}{2}} S(f) df$$

B is the signal bandwidth (here I use 0.2 Hz)



- In the beginning, the AR model's SNR is lower than the FFT's.
- The AR model requires certain samples to initialize.
- However, after that, the SNR curve of the AR model surpasses the FFT, and almost always remains in a high position at a single point.



The respiration frequency oscillated from 0.2 Hz to 0.8 Hz, and the AR model frequency resolution is higher than the model of the FFT output.

- AR model

- Parametric spectrum density analysis has the advantage of high-resolution frequency compared to the FFT method.

- $$P(f) = \frac{\sigma^2}{|1 - \sum_{k=1}^p \phi_k e^{-j2\pi f k}|^2}$$

- Burg method

- ESPRIT(Estimation of signal parameters via rotational invariance technique)

- Obtaining the eigen data of an autocorrelation matrix, then finding the principal frequency in the spectrum [1, 2].
- Subspace-based methods for estimating frequency.
- The number of signal sources also needs to be indicated.
- Does not provide pseudo-spectrum.

[1] J. G. Proakis and D. G. Manolakis, Digital Signal Processing: Principles, Algorithms, and Applications, 3rd ed. Upper Saddle River, NJ: Prentice Hall, 1996.

[2] T. Katayama, Subspace Methods for System Identification, ser. Communications and Control Engineering. Springer-Verlag London, 2005.

Detail for the AR model

Assume time series data X_1, X_2, \dots, X_T . First compute the mean:

$$\overline{X} = \frac{1}{T} \sum_{t=1}^T X_t$$

Estimate the σ^2 of white noise w_t : AR(p) defined as:

$$X_t = w_t + \phi_1 X_{t-1} + \dots + \phi_p X_{t-p}$$

w_t is white noise, mean 0, square deviation is σ^2 .

through autocovariance:

$$k_x(0) = \sigma^2 + \phi_1 k_x(1) + \dots + \phi_p k_x(p)$$

Such that:

$$\sigma^2 = k_x(0) - \sum_{i=1}^p \phi_i k_x(i)$$

Where $k_x(h)$ is lag h autocovariant deviation(i.e, $k_x(h) = \text{Cov}(X_t, X_{t+h})$). In the signal analysis domain, the covariance is noted as k .

Detail for the AR model

Estimate the parameter ϕ 's¹

Compute the expectation of X_{t-1} and X_t :

$$E[X_{t-1}X_t] = E[x_{t-1}(w_t + \phi_1 X_{t-1} + \dots + \phi_p X_{t-p})]$$

Yule-Walker equation:

$$k_x(1) = \phi_1 k_x(0) + \phi_2 k_x(1) + \dots + \phi_p k_x(p-1)$$

$$k_x(2) = \phi_1 k_x(1) + \phi_2 k_x(0) + \dots + \phi_p k_x(p-2)$$

$$\vdots$$

$$k_x(p) = \phi_1 k_x(p-1) + \phi_2 k_x(p-2) + \dots + \phi_p k_x(0)$$

In matrix form

$$\mathbf{K} = \mathbf{\Gamma} \boldsymbol{\phi}$$

Where: $\mathbf{K} = \begin{pmatrix} k_x(1) \\ k_x(2) \\ \vdots \\ k_x(p) \end{pmatrix}$ auto covariant, vector $\boldsymbol{\phi} = \begin{pmatrix} \phi_1 \\ \phi_2 \\ \vdots \\ \phi_p \end{pmatrix}$ parameters to estimate.

$\mathbf{\Gamma} = \begin{pmatrix} k_x(0) & k_x(1) & \dots & k_x(p-1) \\ k_x(1) & k_x(0) & \dots & k_x(p-2) \\ \vdots & \vdots & \ddots & \vdots \\ k_x(p-1) & k_x(p-2) & \dots & k_x(0) \end{pmatrix}$ is Toeplitz matrix.

Linear algebra solution:

$$\hat{\boldsymbol{\phi}} = \hat{\mathbf{\Gamma}}^{-1} \hat{\mathbf{K}}$$

Plug in the parameter to the following equation to obtain the PSD:

$$P(f) = \frac{\sigma^2}{|1 - \sum_{k=1}^p \phi_k e^{-j2\pi f k}|^2}$$

[1]

S. V. Vaseghi, Advanced Digital Signal Processing and Noise Reduction, 2nd ed. Chichester, UK: John Wiley & Sons, 2000. Chapter 9

J. G. Proakis and D. G. Manolakis, Digital Signal Processing: Principles, Algorithms, and Applications, 3rd ed. Upper Saddle River, NJ: Prentice Hall, 1996. (chapter 11 page 856-857, Chapter 12)

State Space Systems

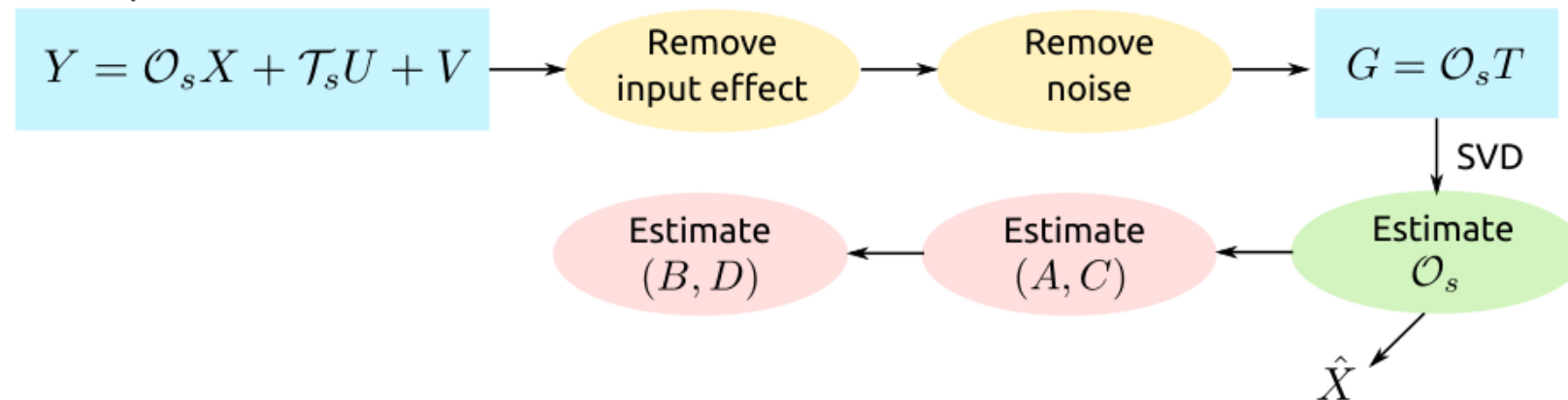
$$x(t+1) = Ax(t) + Bu(t) + w(t)$$

$$y(t) = Cx(t) + Du(t) + v(t)$$

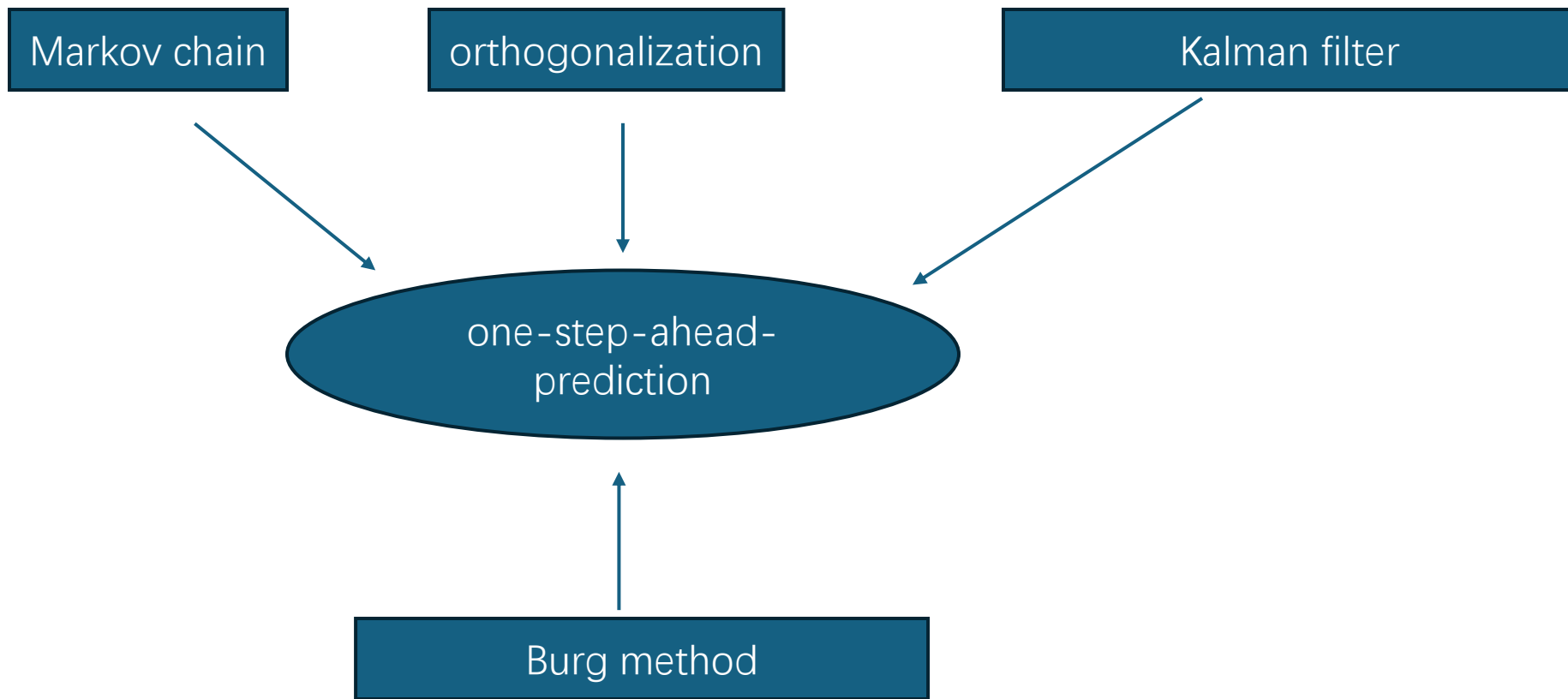
$u(t)$ is sensor noise

$v(t)$ is process noise

Data equation



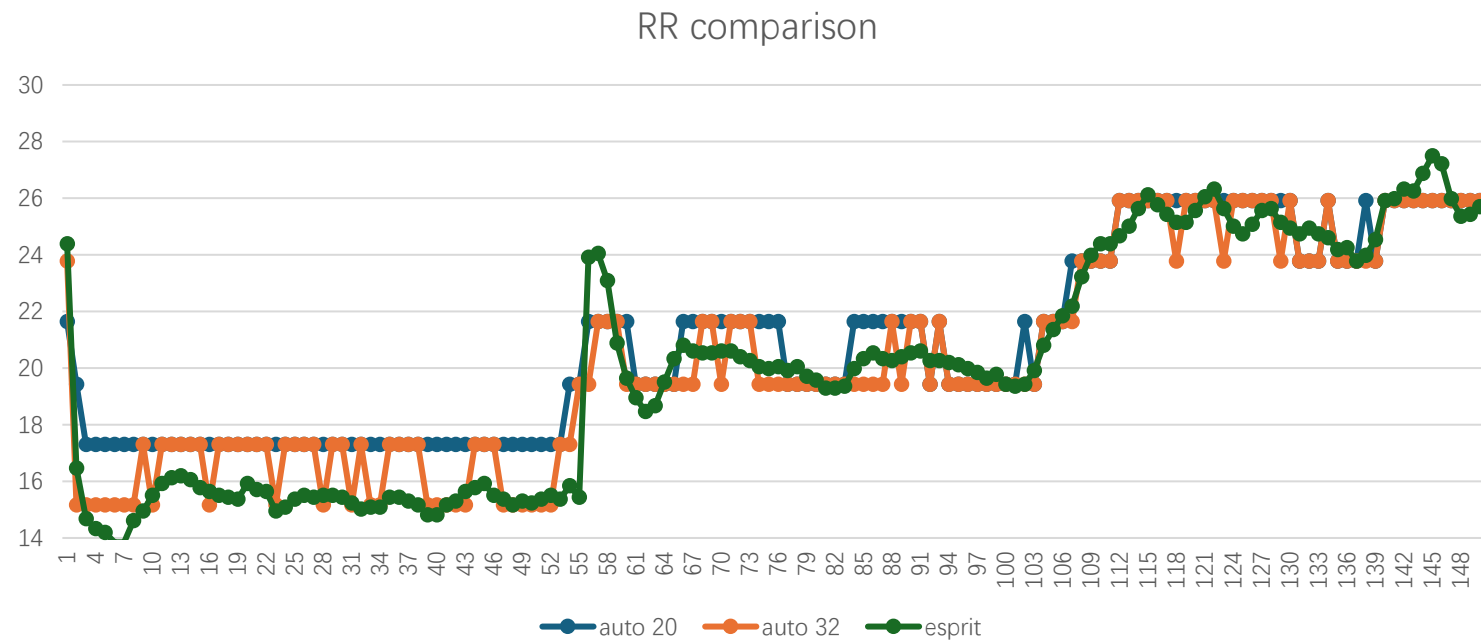
Prof. Jitkomut Songsiri(System identification) Department of
Electrical Engineering, Chula Engineering, Thailand.
https://www.youtube.com/watch?v=pqqI_ntPP0o



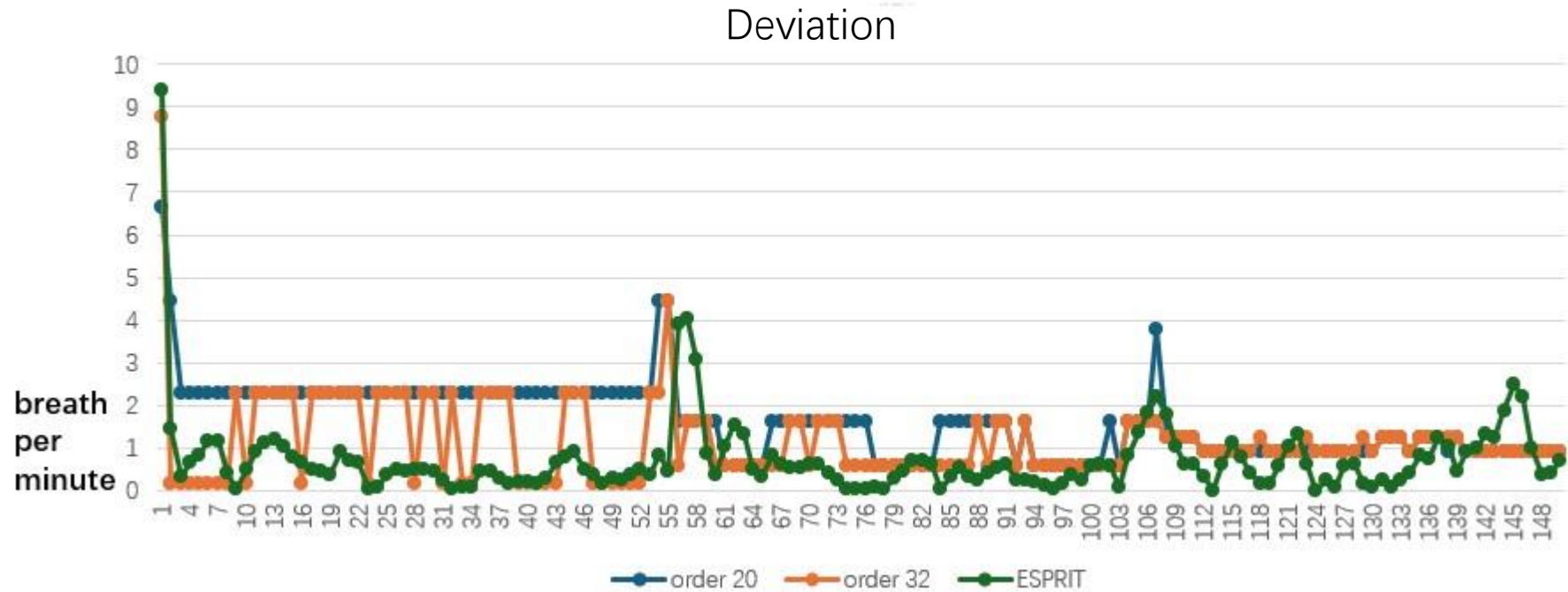
Metronome method

```
phase 1: 15 BPM  
0s    < Inhale  
0s    > Exhale  
4s    < Inhale  
4s    > Exhale  
8s    < Inhale  
8s    > Exhale
```

- Estimate the deviation of the respiratory rate provided by the measurement system.
- Examines our design, which we chose a metronome method.
- Variants from 15 BMP, 20 BMP, 25 BMP.
- Synchronization pace is given via terminal printing for indication of inhalation and exhalation.
- Each phase of RR endures for 2 minutes.



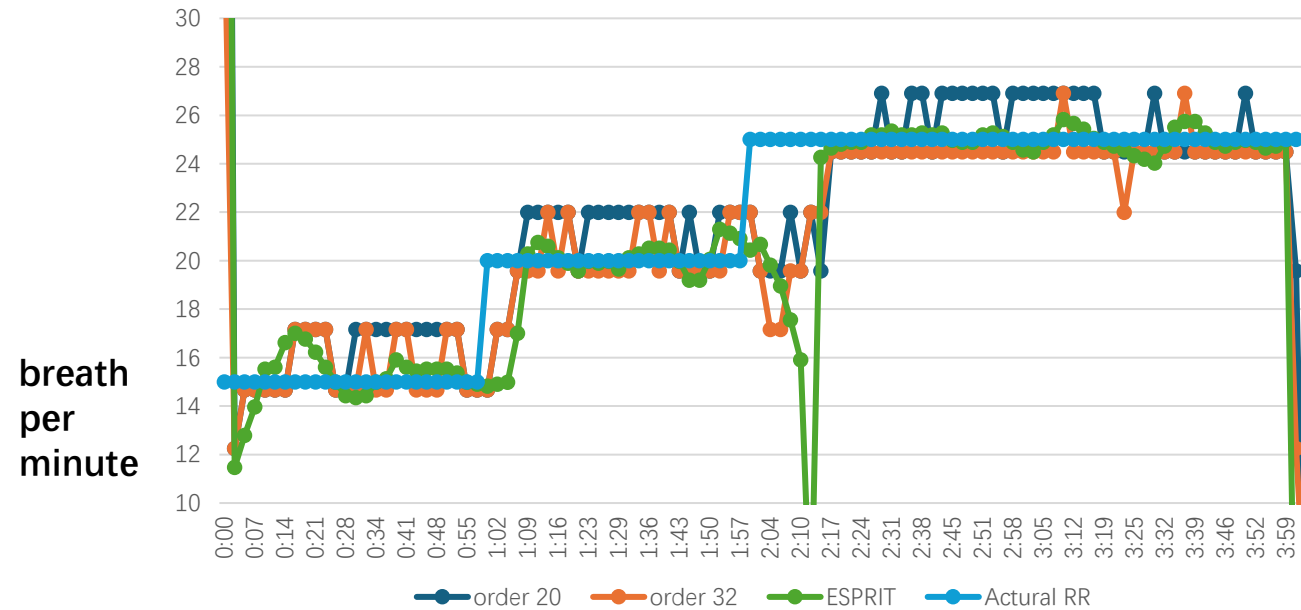
- Setting the sensor in front of the chest wall at a distance of 17cm.



	Order 20	Order 32	ESPRIT
deviation	1.62107	1.14588	0.704715

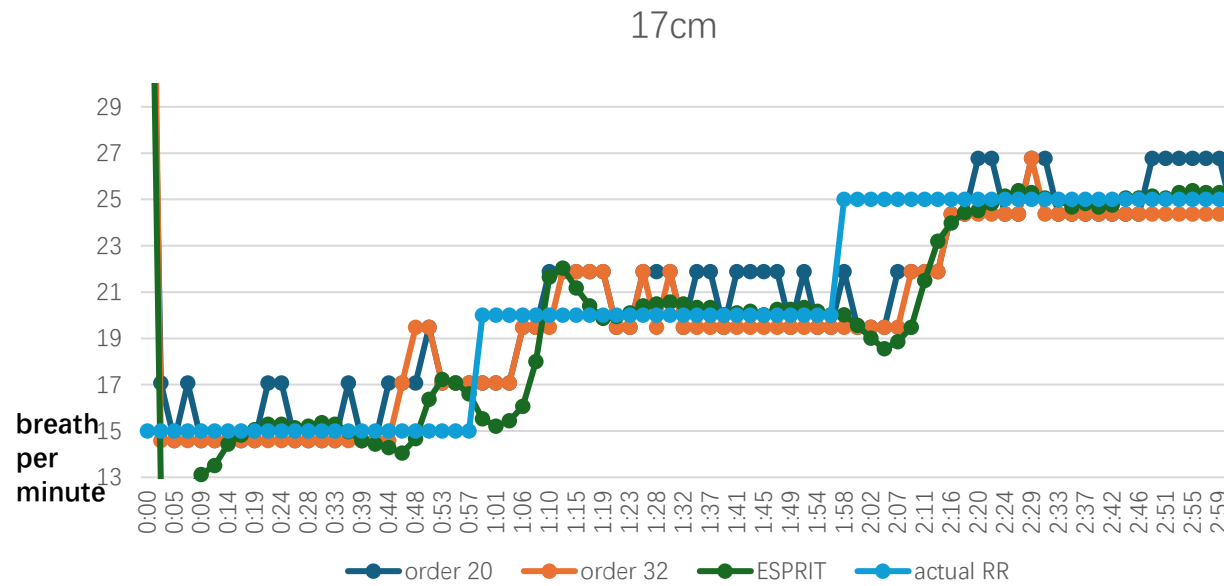
- The ESPRIT method has the fewest deviation, up to 0.7 BMP.
- The Burg method with 20 order errors is 1.6 BMP, while 32 orders is 1.1 BMP.

Comparison of delay



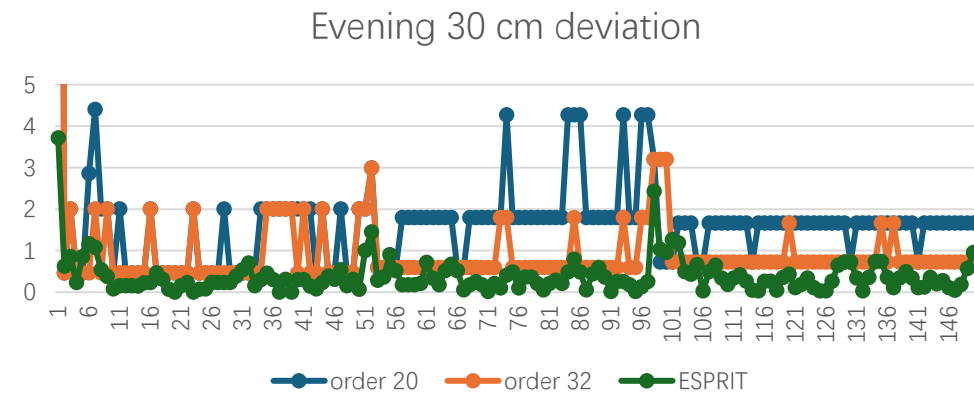
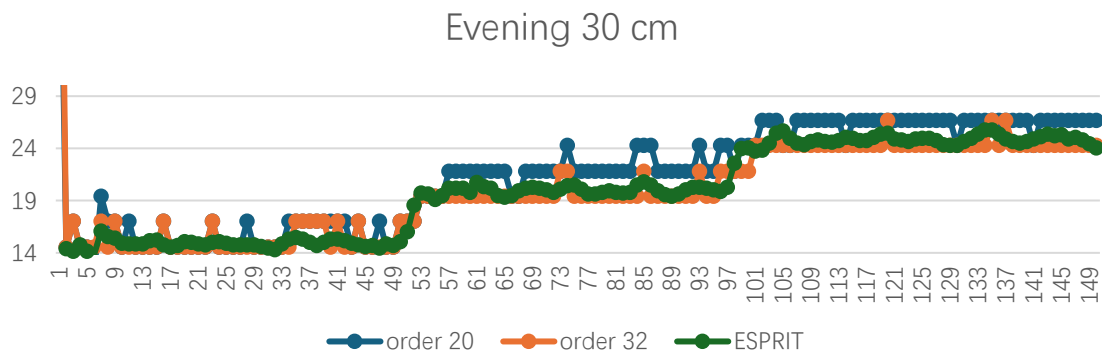
Model	order 20	order 32	ESPRIT
15 bmp	5 s	5 s	7 s
20 bmp	9 s	6 s	9 s
25 bmp	18 s	18 s	16 s
Absolute error	2.5 bmp	1.6 bmp	2.1 bmp

- Record the timestamp and the switching point.
- The average distance is 31cm, and each phase endured for 60 seconds.



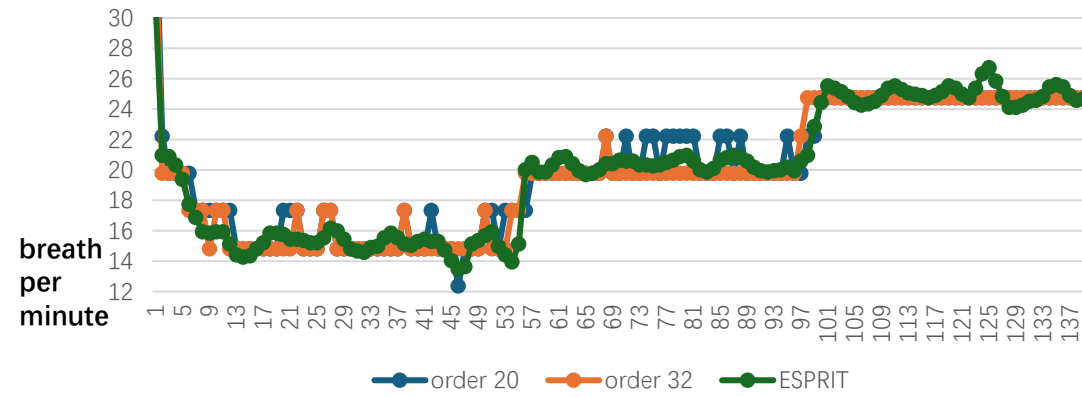
	20th order	32th order	ESPRIT
Absolute error(bmp)	2.013015	1.824439	1.633171

Test in the evening

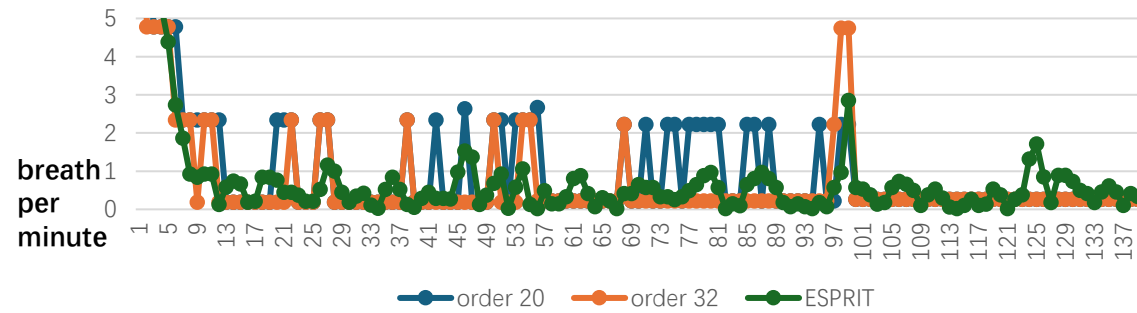


	order 20	order 32	ESPRIT
deviation(BPM)	1.84	1.24	0.39

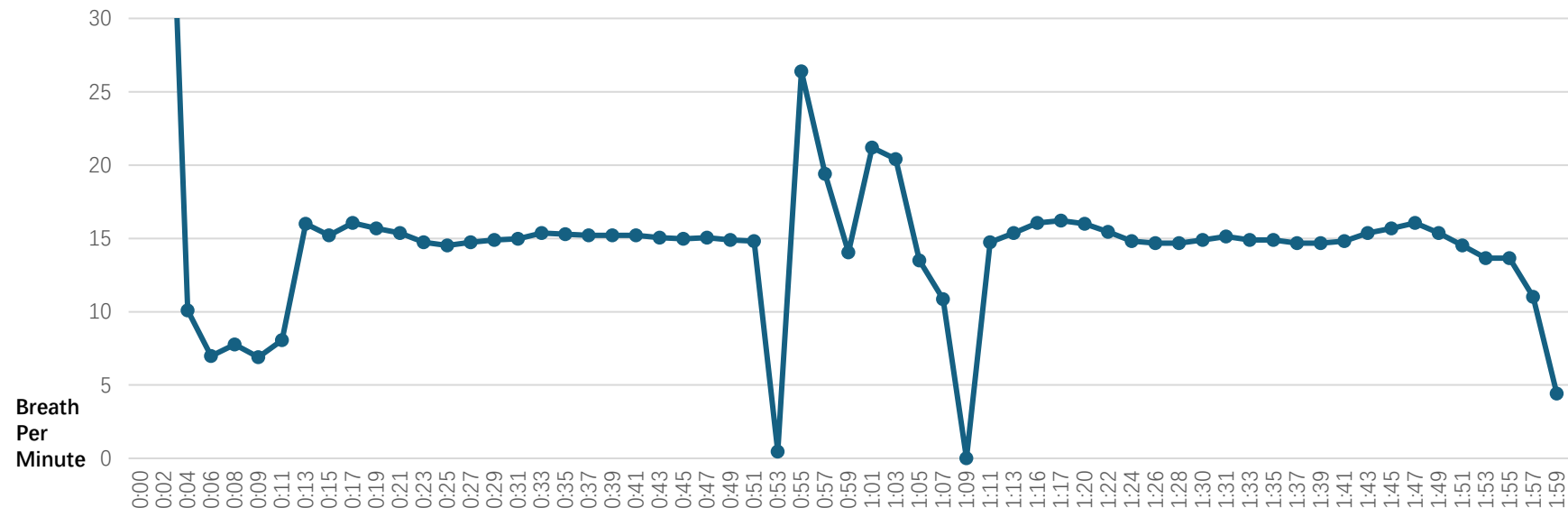
Evening 17 cm



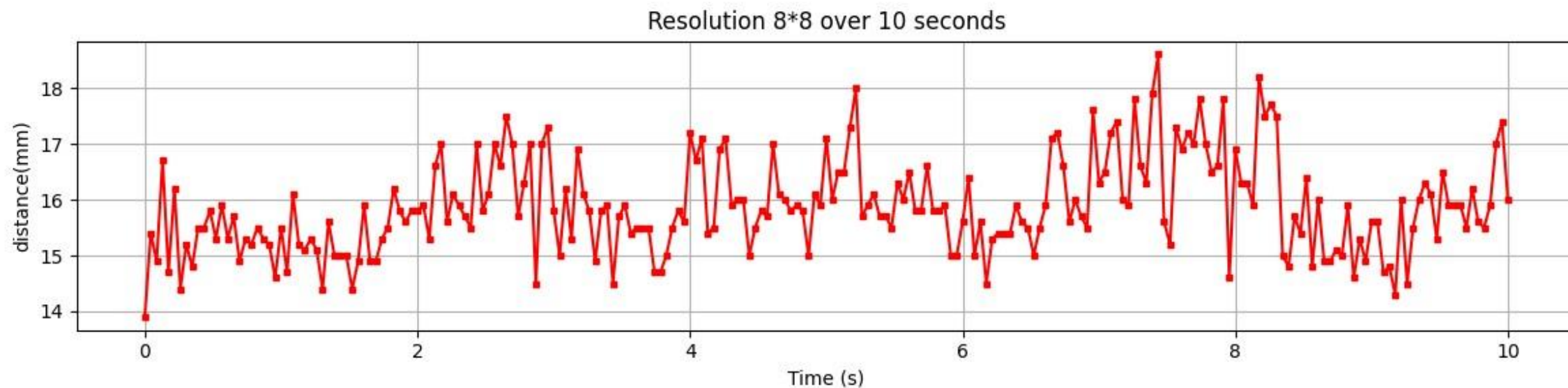
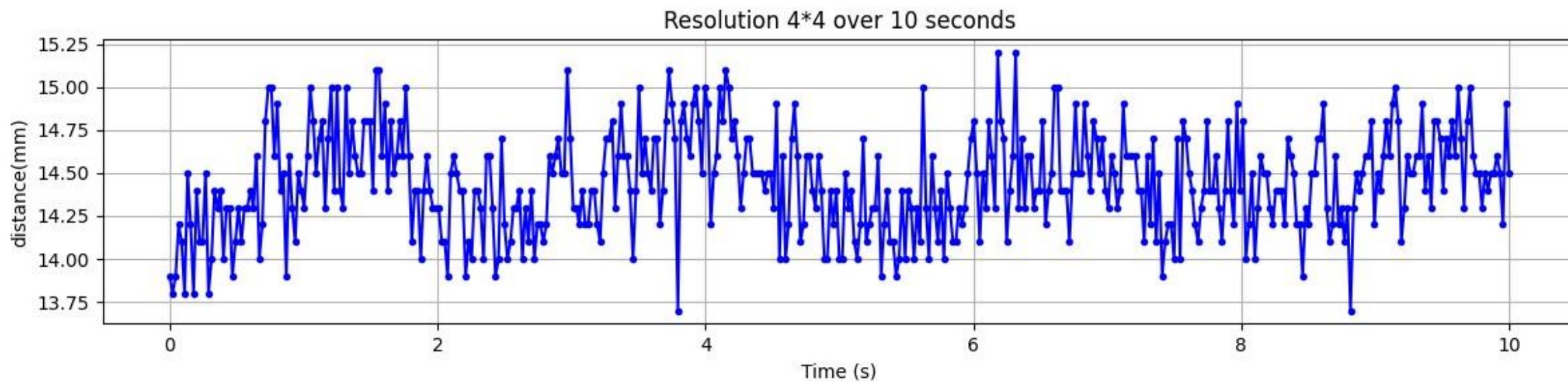
Evening 17 cm deviation



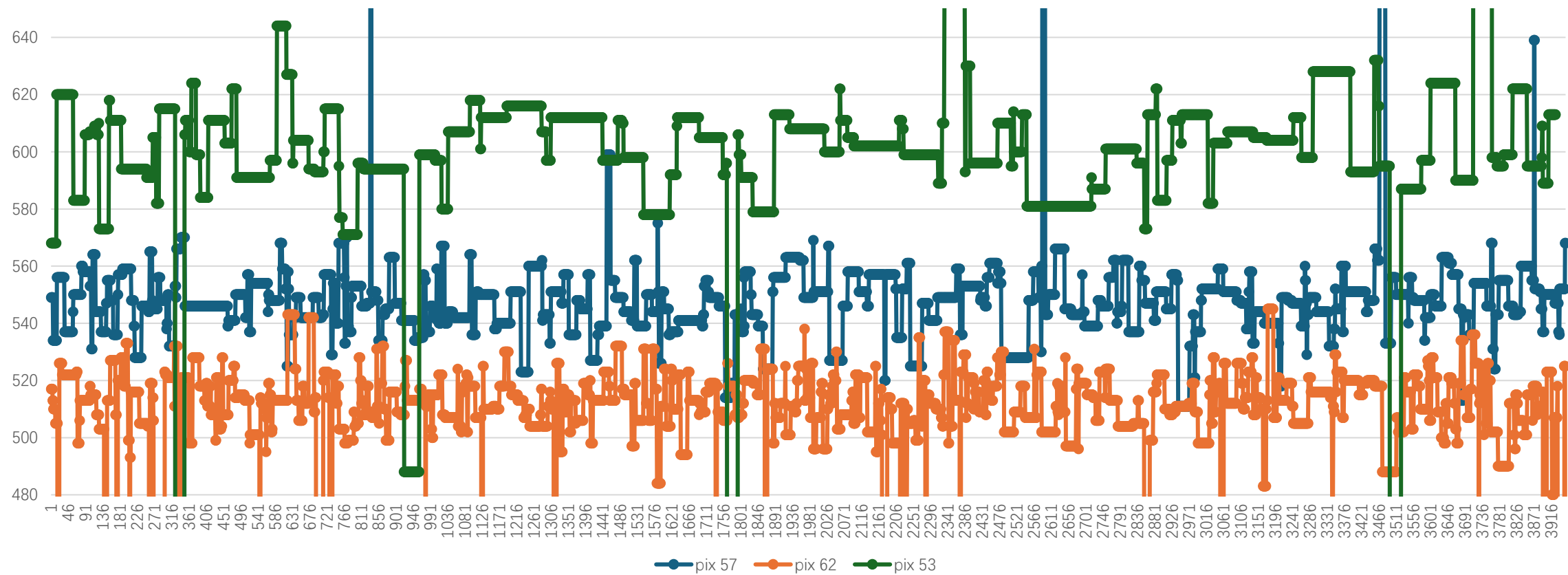
17cm to 30cm(ESPRIT)



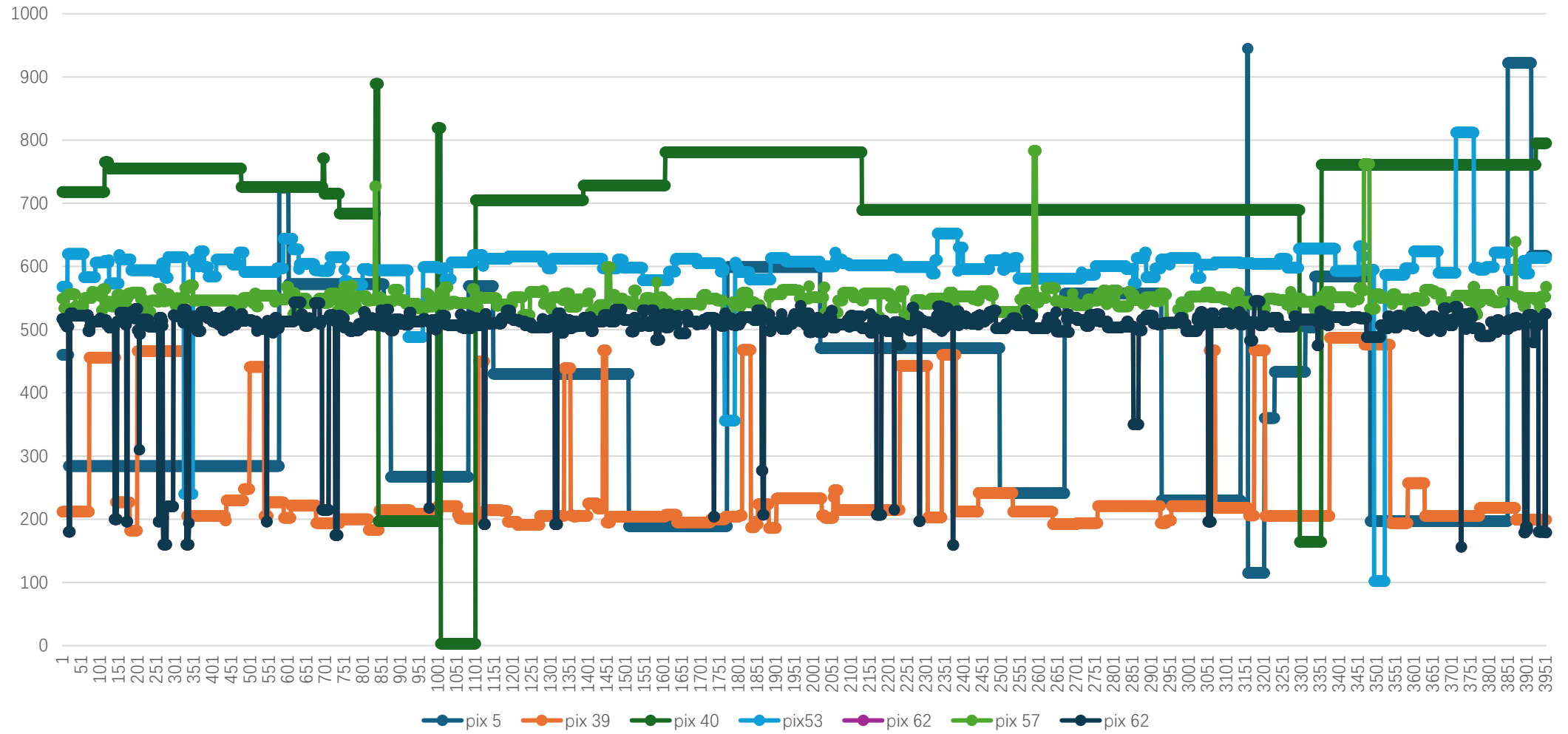
Resolution of 4x4 setting

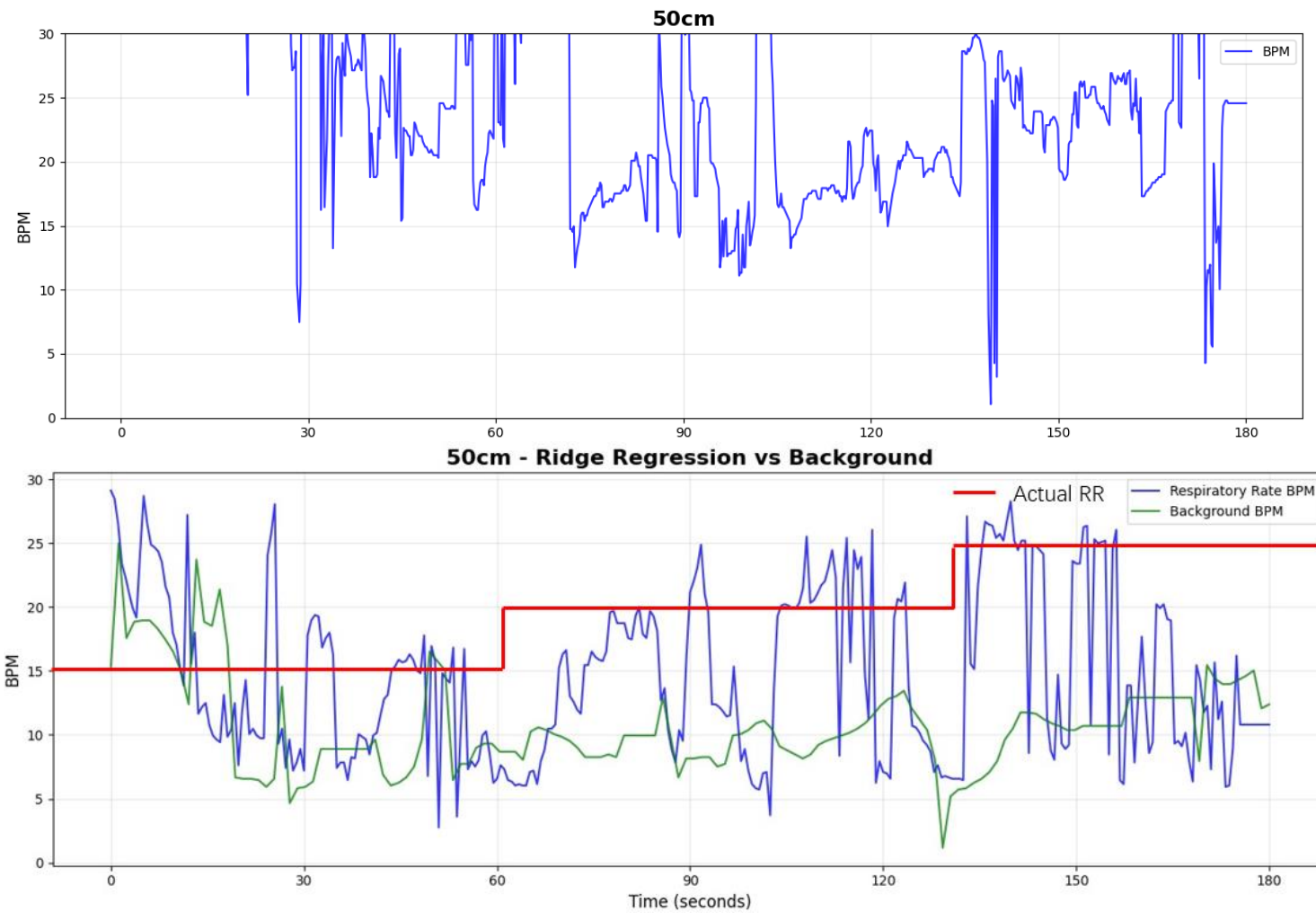


average 1m

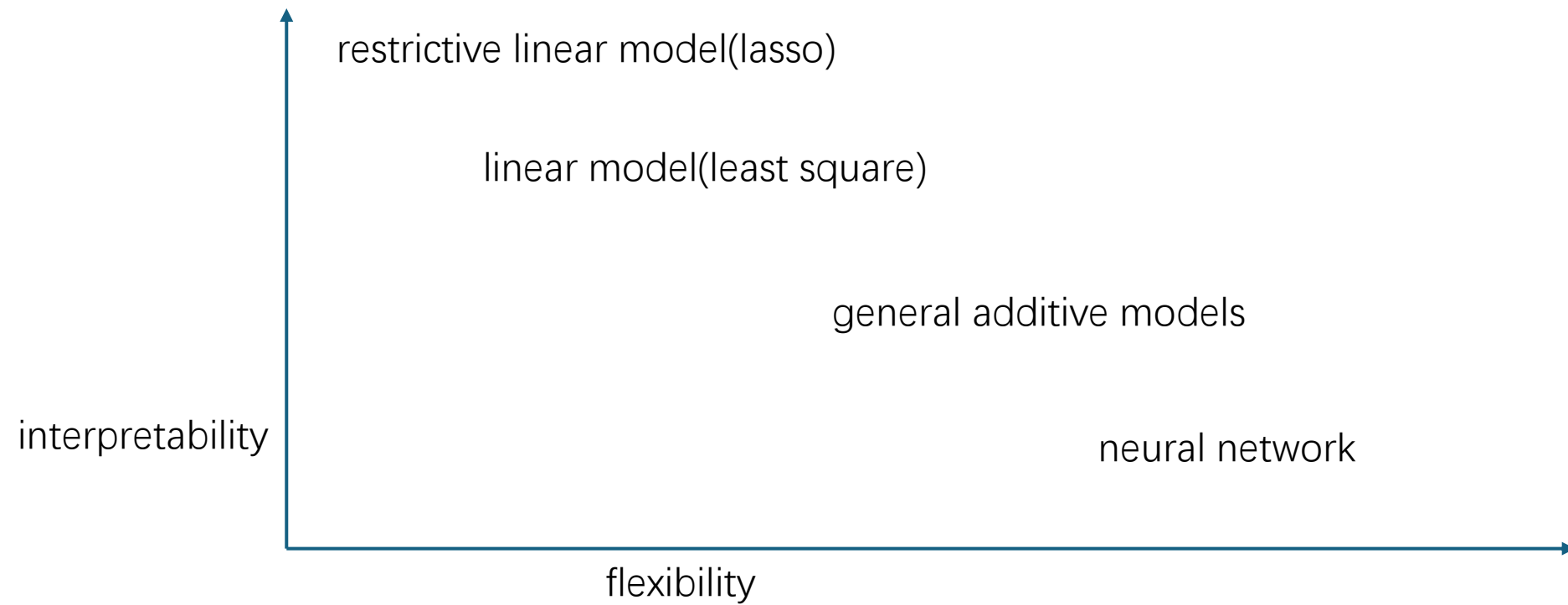


average 1m

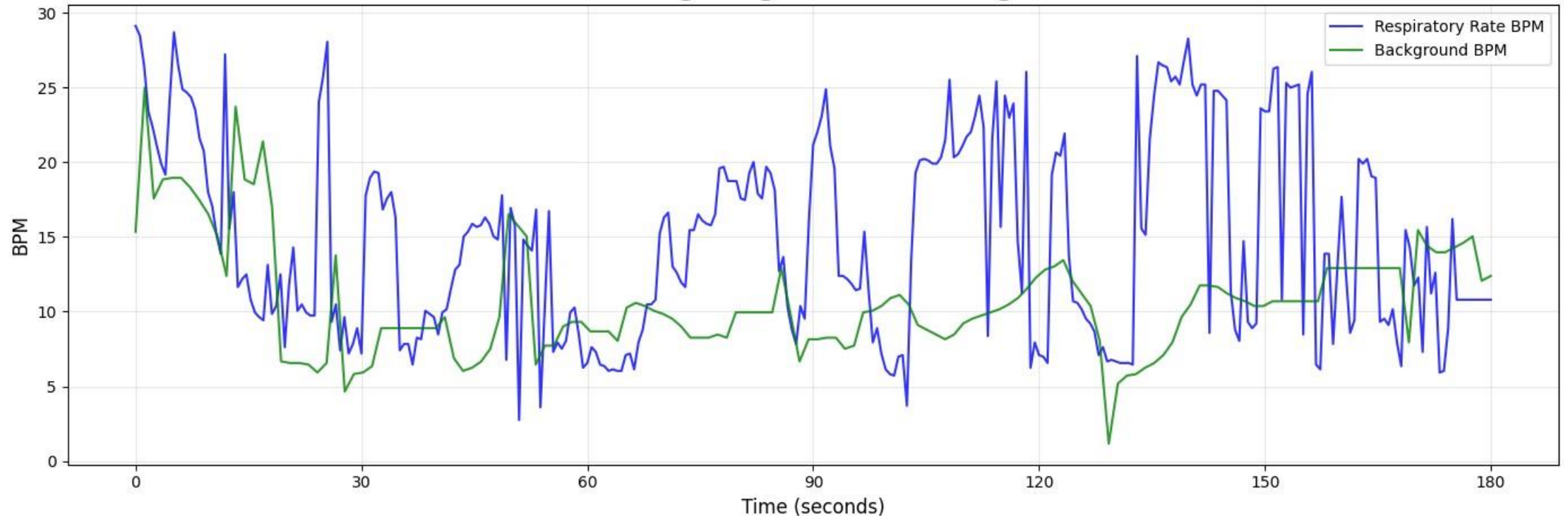


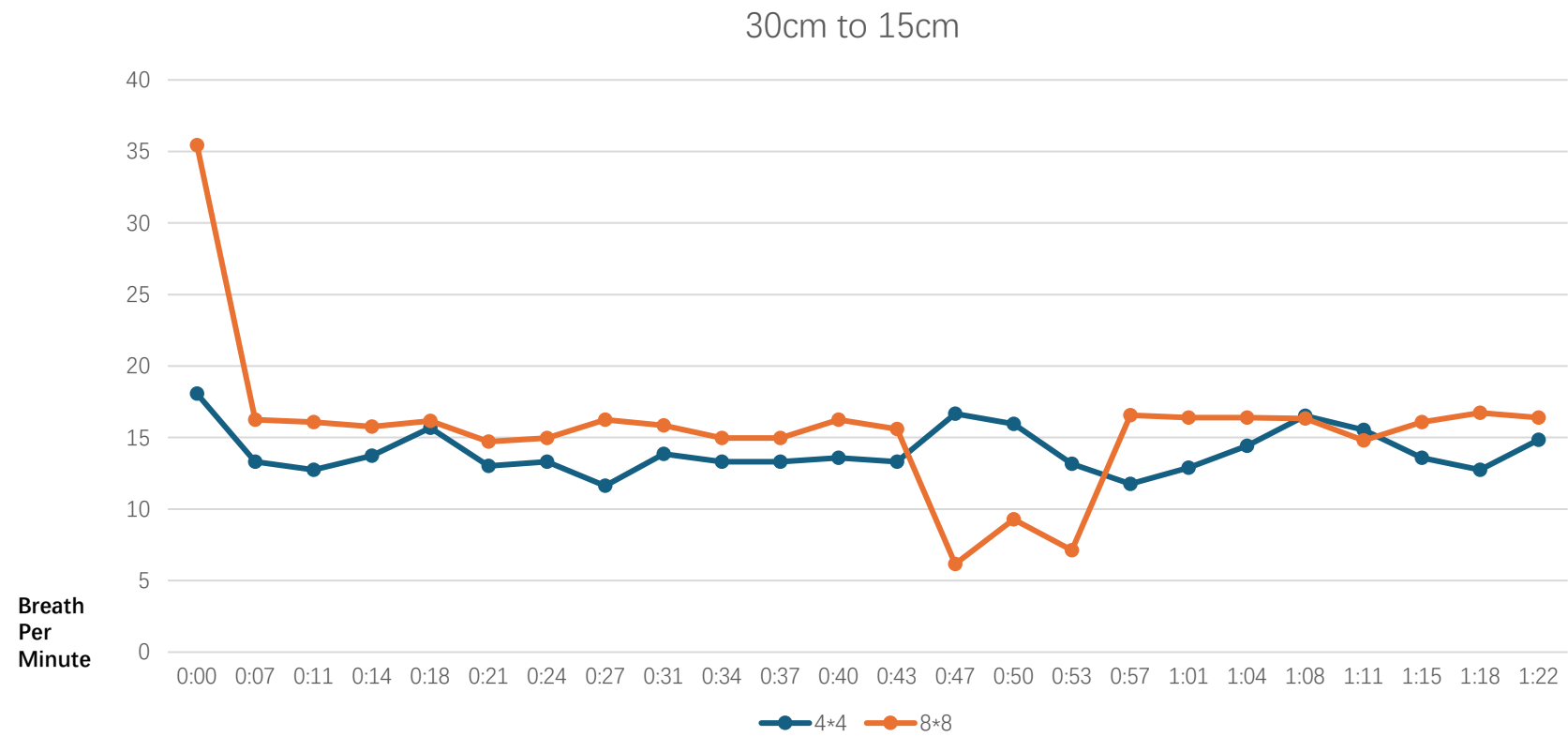


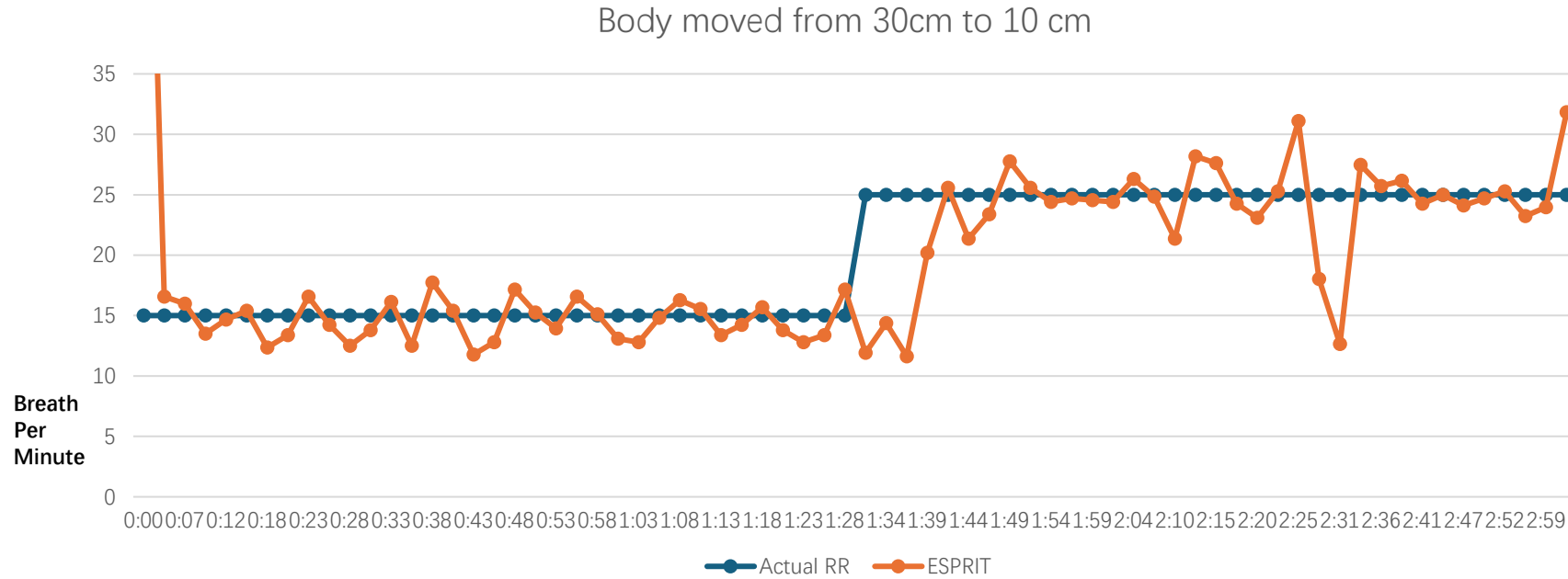
- Statistical analysis of Parameter
- Ridge regression is performed on the statistical analysis of the parameter.
- The Ridge regression is a further estimation based on parameters using the Bayesian model
- The parameters are what the model uses to describe the raw data.



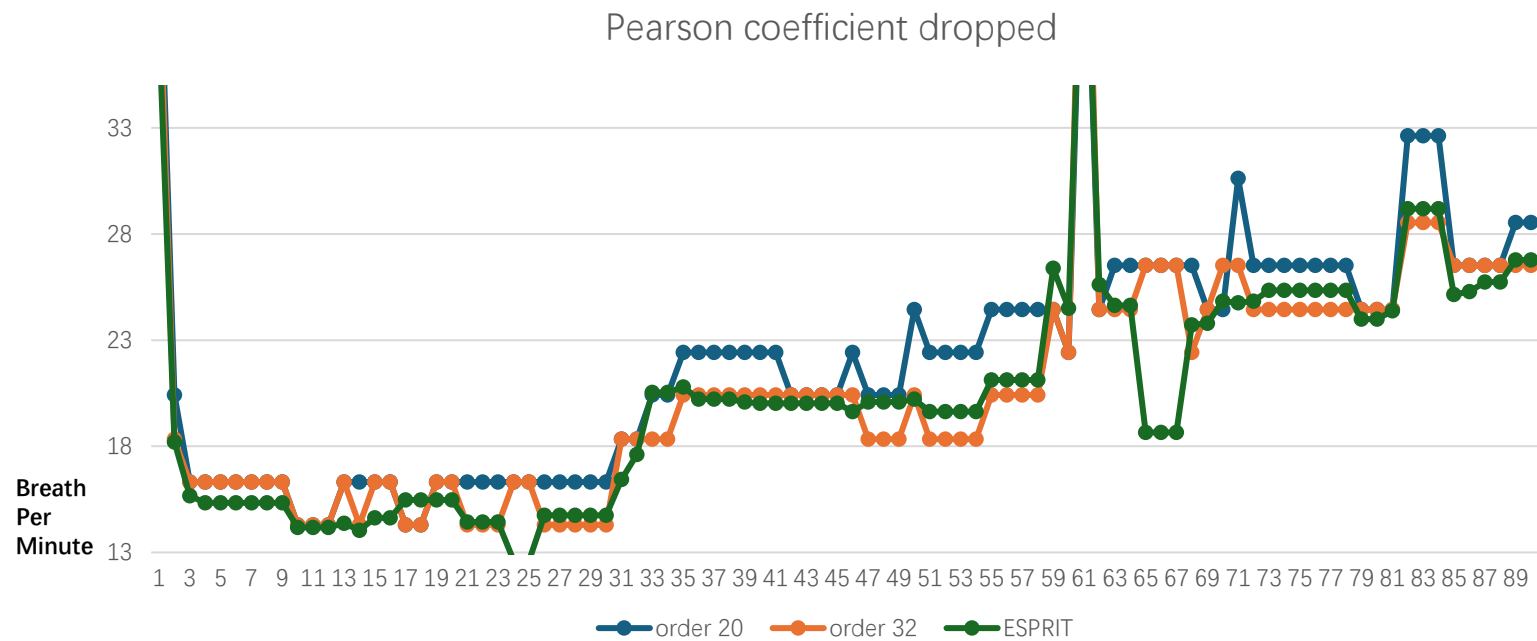
50cm - Ridge Regression vs Background



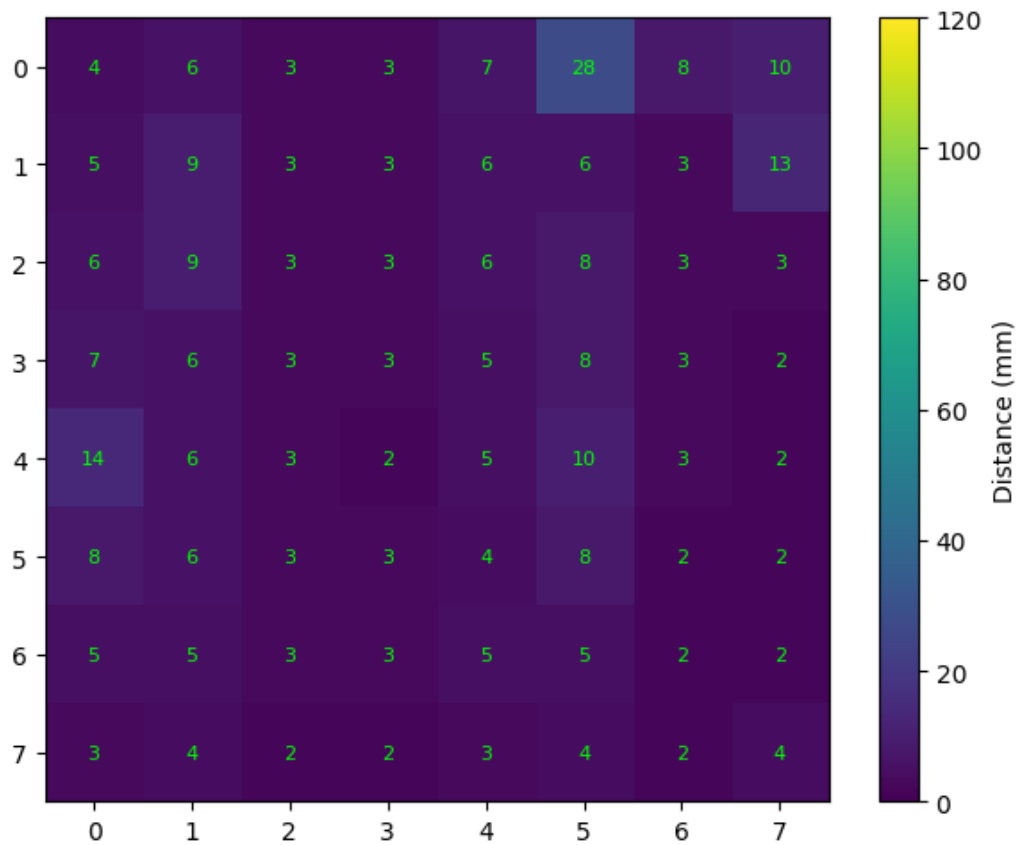




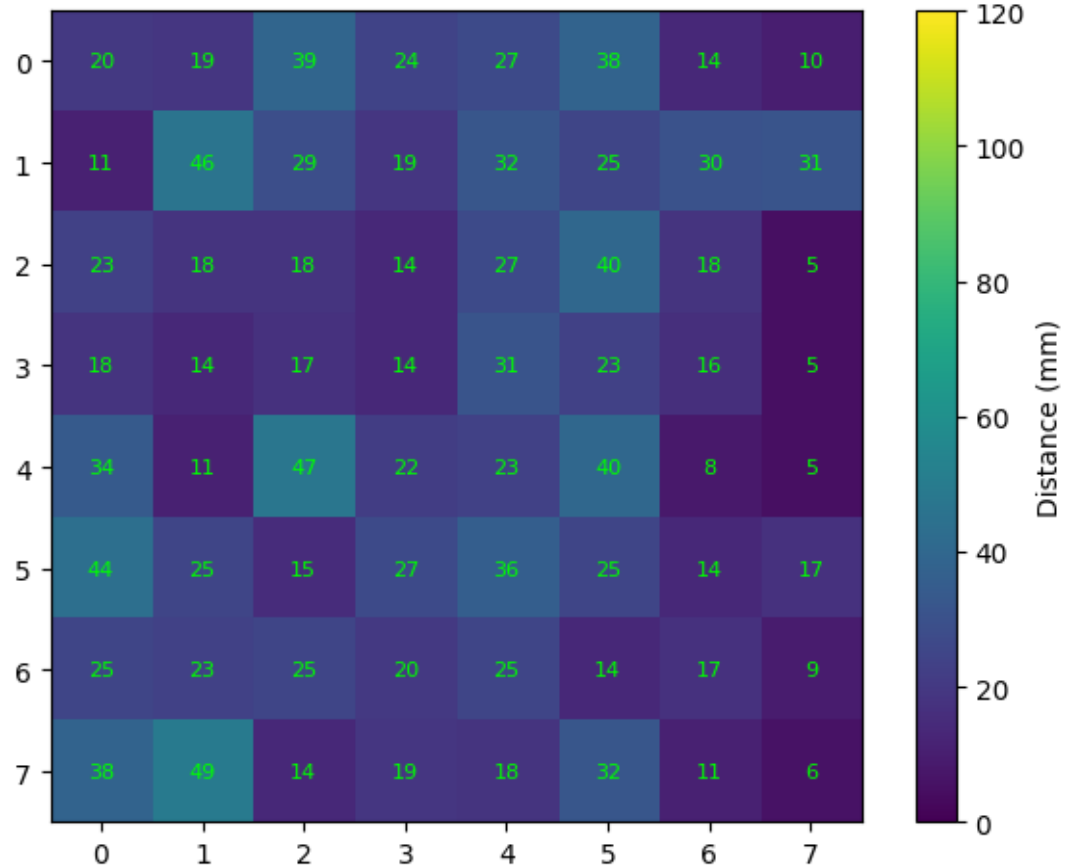
- We set the resolution to 4x4.
- We moved from 30cm to 15cm during both of these phases.
- In contrast, the phase 25BMP experienced a 7BMP drop at 2:31.
- This abnormal time interval, lasting 10 seconds, occurred during the 25BMP phase when the body moved.



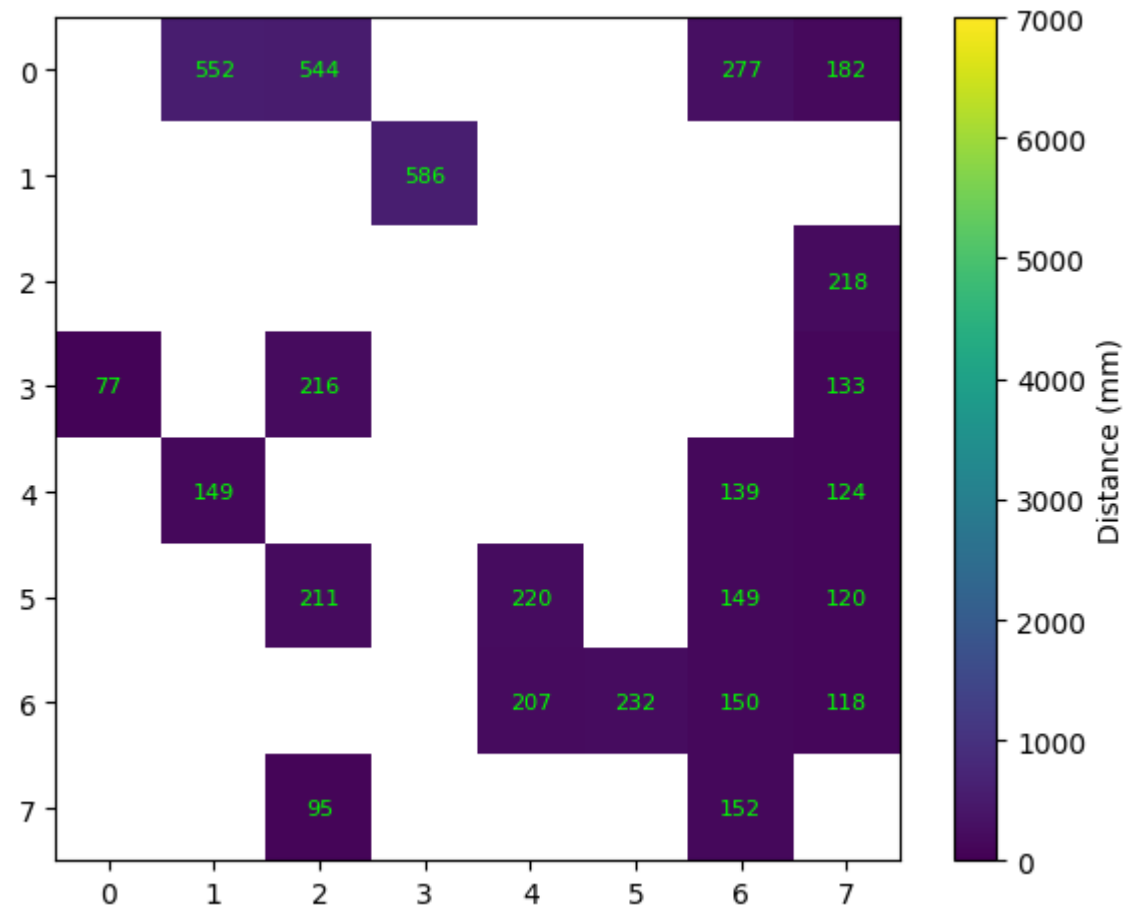
we drop pixels with low time-series coefficients. Dropping those pixels with low Pearson coefficients leads to a smooth curve in the estimation of RR. However, the error becomes large when the RR changes over time, as the Figure `\ref{pearsonDropped}` shows.



The average distance is 20cm, we obtained a standard deviation



The average distance is 1m, we obtained a standard deviation



setting the threshold of the deviation to 15mm, and the averagedistance is 70cm, we obtained the distance heatmap.

	0	1	2	3	4	5	6	7
0	548.00000	552.00000	565.00000	555.00000	517.00000	486.00000	114.00000	205.00000
1	597.00000	615.00000	127.00000	131.00000	126.00000	122.00000	132.00000	139.00000
2	130.00000	659.00000	138.00000	132.00000	134.00000	130.00000	133.00000	118.00000
3	113.00000	122.00000	138.00000	140.00000	134.00000	123.00000	151.00000	125.00000
4	110.00000	115.00000	122.00000	119.00000	122.00000	146.00000	162.00000	124.00000
5	112.00000	115.00000	124.00000	151.00000	167.00000	179.00000	170.00000	132.00000
6	566.00000	121.00000	577.00000	178.00000	138.00000	185.00000	160.00000	116.00000
7	493.00000	140.00000	516.00000	515.00000	513.00000	172.00000	147.00000	117.00000

- Calculate the averagedistance, then based on the average distance, split the area of noise and signal.
- The blue area represents the signal, and the red area represents thenoise.

alternative:

- standard deviation
- single photon intensity
- valid bit